

The Ease and Keys of Rapid Manifestation -

How to Get What You Want Quickly



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Contents

- Introduction..... 1
- Step One - Relax 3
- Step Two - Remember Who You Are..... 5
- Step Three – Choose and Envision Success 6
- Step Four – Grateful Surrender..... 10
- Step Five – Take Action 12
- Putting It All Together 14

Introduction

What is it you want most in life? I will ask you to think about it again? What is it that you want more than anything in your life now? This is an important question to answer because in order for you to be successful and accomplish your goals and dreams, you need to know exactly what you want.

Great! You've already taken care of a very important step. If you had not answered this question yet, by doing so you are already closer to reaching your goals than you were before you started reading this book...and you're only two paragraphs in!

It is part of our human nature to want more from life. Even if you are very happy with what you have now (hopefully you can say that you are at least somewhat content), it is our nature to constantly grow and seek to take our lives to a higher level.

A question that is asked by many is...once I know what I want, how do I get it? Once I know what the goal is, how do I accomplish it? And not only do we seek a way to get what we want, but to get it as fast as possible. We want it NOW, if not yesterday.

So how do you get what you want, and get it as quickly as possible? I have spent years studying this question for my own life. My life has been good, but I arrived at the point where good wasn't good enough anymore. I wanted greatness and massive success. It is this desire that prompted my study.

In the countless books and articles I have read, I noticed a consistent formula that the authors discussed and used to bring great success to their lives. There was some variation, but ultimately it was the same five step formula that was being advised. I began to use this formula myself, and it has taken my life to a much higher level than it was a few years ago, and I continue to grow on a daily basis.

Since this information has helped me a great deal, I feel the need to share with as many people as possible. I can assure you from experience that if you follow the steps provided in this short book, you will be able to not only see your goals and dreams come to pass, but it will happen much quicker than you could have ever imagined. This process is very powerful, and can be used in all areas of your life. Here are some things this book will help you accomplish:

- Improve your health.
- Enhance your relationships.
- Build your personal confidence.
- Increase your wealth.
- Expand your career options and do the work you want and like to do.

- Provide the personal freedom you are seeking.

The best thing about this process is that it's extremely simple. You can spend as little as five minutes at a time practicing the steps. It does not require hours of meditation. The more time you can spend focusing on this process, the better. However, even just two or three five minute practices a day can significantly increase the speed of your goal manifesting.

I will say again that this formula for rapidly manifesting your dreams is powerful and it works. I cannot take credit for creating this wonderful formula. I have just been advised from many prominent and successful authors who all mention and have used this practice for rapidly manifesting their desires. I don't know about you, but when many successful people all point to the same idea for achieving their own success, I am paying attention and applying the guidelines myself. I will say one more time that I have experienced life-changing success since I began using this advice for rapid manifestation of my desires. This same success is not only possible for you, but it is waiting for you.

I now share with you five steps to rapidly manifest the things you want most in life. Use this process in the order it's presented to maximize the results. Now...the five step ease and keys of rapid manifestation....

Step One - Relax

The first step to rapidly manifesting your goals and desires may seem insignificant. However, it is a necessary first step to getting your mind right and completing the rest of the manifestation process. Think about the times you have done your best work. Were you nervous and tense, or were you calm and relaxed? If you observe successful people in all fields from business, sports, entertainment, or even those you may work with, you will notice that they do their work in a relaxed, almost automatic kind of way. This relaxation provides a calm assurance that is a major factor in their success.

I understand that your day might be very busy, and chances to relax are few and far between. People are sometimes afraid to take time to relax because they fear that they won't have enough time to get their work done. However, I have found from experience that the opposite is true. Less work ultimately gets done when one is stressed and anxious. This also affects the quality of one's work. If you are stressed and tensed instead of calm and relaxed, the effectiveness of your work will suffer.

I cannot share enough about the importance of taking some time to relax. Here's the key, especially for those of you who don't believe you can take time out of your busy day. Your "time out" doesn't have to be long. Even if it's just 2-5 minutes several times a day, this time can do wonders to refresh your mind and body and get you back to the productive path.

At first, you may struggle to do this, or even forget. However, once you make the conscious effort to take these few minutes to relax and re-charge, it becomes habit. It will be easier to stop and take a few minutes to relax, and you may even begin to crave this time and become even more deliberate in putting time aside to relax.

Getting your mind and body in a relaxed state is very easy to do. The following are simple, easy to use methods you can use in short periods of time:

- Deep breaths - One of the biggest reasons we get stressed and lack the energy to reach our goals is because we don't breathe right. As we get busier, we take shorter and faster breaths. As a result, the necessary oxygen does not get to our brain and throughout our body, and we feel fatigued. To help yourself relax, take 4 or 5 deep breaths. Inhale fully and count to 4 as you do. As you breathe in, feel the peace of the moment. Feel the clean, positive air entering your lungs and filling your body. When you breathe out, do so slowly, releasing any stress and negativity. Breathe in again and take in more positivity, continuing the process for several breaths. Notice how athletes and entertainers often take a deep breath before they are about to perform. It helps them focus and perform at their best. This method can do wonders on its own. However, I also recommend other methods below.
- Think the most positive thoughts you can think at that moment. No matter how difficult the day has been, think of what could go right and something that would make your day better.

- Be thankful for something(s). Think of different areas of your life, like your family, the food you have, your health, the beautiful sunset you saw last night, or whatever. This will help put a positive perspective on your day.
- Think of how you can serve someone - I find that taking a minute to think about what you can do for someone or show appreciation for them is the initiative to take the action. And you know how great you feel when you thank or serve someone else.

I also encourage you to take some "me" time sometime throughout the day. Take time to listen to your favorite music, watch your favorite television program, play your favorite sport, or do whatever you enjoy doing.

The bottom line is that taking any of these actions can have unbelievable impacts on the day. Your energy is renewed. Your attitude is more positive. You are more loving towards others, resulting in a positive environment all around you. In the long run, more is accomplished instead of less.

So the next time you take the weary sprint forward, take a minute or two or three to stop, reflect, and get on with our day with more energy and positivity. It will benefit you and those around you.

Step Two - Remember Who You Are

Do you know who you are? It may seem like an obvious question with an obvious answer. I will agree. However, most people will answer this question in a way that is not completely correct. Yes, you can tell me your name, where you come from, what you represent, etc. Yet will you go beyond that? Can you identify who you REALLY are?

In case you are wondering what I'm trying to communicate here, I will share a very powerful fact. You are a creation of the Almighty. You are a human being, but even more, you are a spiritual creation. Even better, each one of us is made of the same Spirit that created the universe and everything in it. Yes, God's Spirit is a part of you. As a result, God is with you everywhere you go. So is His wisdom and power. Not only is this wisdom and power with you wherever and whenever, but once again it is part of your very being.

In order to rapidly manifest your desire, it is important to focus as much as possible on the presence of God. When you know that He is with you and a part of you, it can only empower you. One of the most powerful Bible verses is Matthew 6:33 which says "[seek first the kingdom of God and His righteousness](#) and all else will be given to you". I believe that this verse says that when you remain focused on God and His power, you are automatically setting yourself up for blessing and success. When you use this power for the good (His righteousness) it will bring you anything you desire.

How do I tap into this power you may ask? The best way is through the use of [mediation](#). I realize many people fear that word, and many see it as something reserved for exclusive monks or the super religious. This cannot be further from the truth. Mediation is for everyone. If you are looking to add more power to your life and see your desires realized as quickly as possible, I strongly recommend you spend some time each day in meditation. Even if it's only 5 minutes, it's better than zero minutes.

Meditation is so important and effective because it brings you in touch with who you really are. It enhances your spiritual connection to your Creator; it brings you in touch with the present moment, which eliminates fear and doubt; it often provides the answers you are looking for about how to proceed towards your goal; it brings peace and even confidence, increasing your faith and expectation in the manifestation of your desire. There are other benefits to meditation as well. The bottom line is that it brings necessary power and faith it takes to reach the goal.

There is no right or wrong way to mediate. Sometimes it's best just to sit and reflect. I also enjoy the powerful feelings that [prayer](#) brings. Personally, I believe we have a God that is always open to communication, and is willing to hear anything I have to say or ask. Sometimes I feel a great peace in just pouring out my doubts, worries, praises, or requests to my Creator, knowing that I am being heard and acknowledged, as well as the fact that He is immediately acting upon them. Once again, I recommend you find something you feel comfortable with based on the situation and the moment, and just go with it. Then go about your day absolutely knowing that God's spiritual presence is with you every step of the way.

Step Three – Choose and Envision Success

The next part of the process is, in my opinion, the most important part. That is because once you successfully complete this part, the rest of the process becomes so much easier. As a result, you experience the rapid accomplishment of the goal that you are seeking. It is also the most detailed and involved. Because of that, I will actually break this part down into several parts.

The first part of step three is identifying and pinpointing exactly what you want to accomplish. This may seem extra simple and obvious at first, but it's quite astonishing that many people disregard this important step. Why is it so important to pay close attention to this step? Because the more exactly you can pinpoint what you want, the easier it is to accomplish it. For example, when an archer is taught to shoot, the goal is not simply to hit the board. Instead, it is pointed out that there's a bullseye that they are taught to shoot for. The more they strive to pinpoint their accuracy towards the bullseye, the more likely they are to hit it. Even if they don't hit it exactly, they still earn more points than if they simply tried to shoot for anywhere on the board.

The same is true for you. Be very clear and specific about what you want. Avoid setting goals like, "I want to earn more money"; "I want a better job"; "I want to lose weight"; "I want to meet my dream partner"; "I want to be the best person I can be". Instead, be very specific. For example, set a specific money goal, such as "I want to double my income this year", or "the specific weight I want to be at is... Also, ask yourself specific questions... what exactly would you be doing for your "better job"? What personality and physical traits does your ideal partner have? What traits would make you the best person you could be? You need to answer those questions specifically in order to take the next steps.

The second part of step three is to use [positive affirmations](#). In case you don't know, positive affirmations are short statements you say to yourself over and over. The reasoning is that, the more you say these things to yourself, the more your subconscious mind picks up on it, and the more you begin to believe it. I completely believe this idea because that's how we developed the beliefs we have now. Your mind believes things because you heard it over and over again from other people. For example, if you kept hearing or telling yourself that you are incapable, or fat, or dumb, or boring, or whatever, you eventually believe it. The same is true for some of your talents. If you kept hearing that you are a good singer, performer, care-giver, or that you look great, you believe it and work to further cultivate those skills.

Knowing that your subconscious controls your beliefs, and that your beliefs are determined by what you say to yourself, you can use positive affirmations to change your beliefs. How empowering is that? You actually have the control to determine the quality of your thoughts and change the negative beliefs that are potentially blocking your success. And you are doing it in a completely natural way. Once again, it's the same way your negative beliefs are developed.

I realize that some of your negative beliefs are firmly entrenched into your mind, and saying a few positive words won't immediately remove them. However, I will say that with continuous practice and use, the positive words will eventually **displace** the old ones. For example, let's say you have a glass of muddy water. Just dumping the water won't get rid of the dirt, nor will just

adding a few drops of clean water. You need to run a constant supply of clean water through the glass. Then as you do that, the mud and clutter gradually disappears, and is eventually replaced with completely clean water until the junk is gone. Affirmations work with your mind in the same way. You can't immediately just dump out years of negative beliefs. Instead, you gradually run clean, positive thoughts through your mind until they gradually take over the negative ones and eventually clean them all out. It's a powerful process that works.

Here's some helpful information about powerful affirmations. When you first attempt them, you will most likely encounter some resistance. This is because once your subconscious mind believes something is true, it tries to "protect" that belief. This is one of the instincts of the subconscious. For example, if you affirm, "I am 130 pounds and in great shape", your mind will immediately ask, "who are you kidding?", as it directs you to the overweight and out of shape body you may be trying to change. Or you may affirm "I have \$100,000 dollars" and get the same response as you are reminded of your nearly empty bank account. That is why, once again, that you need to use these affirmations constantly, and cannot expect to immediately let go of the negative thoughts.

I have learned that there are ways to speed up the effectiveness of affirmations and avoiding those negative reminders from the subconscious. Instead of saying something like "I am rich" or "I am in perfect health", use something like "I choose". For example, when you say "I choose to receive \$100,000" you are not lying to yourself and saying that you have it now. Your subconscious cannot argue with your choice to have that amount of money. In fact, when you present it that way, your mind will actually set you up to receive it. That's because we tend to receive what we focus on. When you become set on "choosing" to receive or be something, your mind tends to help find ways to get there. So if you want to maximize the effectiveness of positive affirmations, start with phrases like, "I choose", or "I intend to", or something similar. Then you won't have to battle the resistance from your mind, and you will instead be on the faster path to believing it's true. Once your mind gets a hold of something as being true, it's only a matter of time before that truth manifests itself. For more on the power of the subconscious mind, I recommend you check out this link...

[Subconscious Mind](#)

I will add one more powerful formula to affirmations. I have only recently discovered this power, but it has absolutely expedited the power and effectiveness of the affirmations I use. Let's go back for a minute to step two of the rapid manifestation process. Remember how I mentioned that you are one with the Almighty? I have learned that whenever we say "I" or "I am", we can line ourselves up with the power of the universe and think along the same powerful lines as God Himself. I am not saying that we are God, but I am saying that a part of Him lies within every one of us. When we focus on aligning ourselves with His power, anything can happen. And I have learned that when I focus the "I" of my spiritual being on whatever I want to accomplish, there is no stopping me. Knowing this, when you say "I choose...", focus on the Godly assistance and guidance that is being provided. Focus on the love and grace of God, along with the truth that He is willing to grant any desire we have that is in line with His goodness and will.

When I am following this manifestation process, what I usually do is this...I will first focus on God's presence and the fact that it is completely surrounding me, and within me. I meditate on this power, love, light, and all of the attributes of God I can think of. Then I begin my affirmations for the goal I have by saying, "I choose..." several times, and becoming focused on that goal. Then I follow the next steps which I will outline shortly.

However and whenever you decide to use them, be sure to utilize the power of positive affirmations. For more about the positive effects of affirmations, I recommend you visit my blog at... [Power of Pies](#). Once there, click "affirmations" under the category listing.

The final part of step three is another very important one known as [visualization](#). With affirmations you are telling yourself things to help change your beliefs. With visualization, you are using your imagination to actually see yourself experience the success you are seeking. This is extremely powerful because of this amazing fact...**your subconscious mind cannot tell the difference between a real or imagined event**. If it continually sees you being the person you want to be and doing the things you want to do, it will take it as real, and ultimately lead you to making the situation a reality.

As I mentioned previously, your mind has been influenced by the words you've been told over and over. Even more, your mind has developed beliefs based on the pictures you've played in your imagination. For example, if you constantly imagine yourself as failing, or unable, or play out worrisome scenes in your head, your subconscious has taken them as true. That's why you are experiencing what you are now, and a prime reason you haven't reached your life goals. The good news is that, just like affirmations, you can deliberately use visualization to change everything. In fact, using visualization can bring change quicker because there is usually less resistance from the subconscious. Remember, it can't tell the difference between a real or imagined event.

Here's an example of how your subconscious works that proves the above statement. Studies have been done about the effectiveness of visualization. A group of people spent 20 minutes a day trying to improve their basketball free throw shooting by regular practice of taking the shots. Another group of the same amount of people instead spent 20 minutes just visualizing successfully making free throws without ever actually taking a practice shot. After a week of this, each group took 10 free throws. The success rate of the visualization only group was the same as the group that physically practiced! This is proof enough for me that visualization is highly effective. You see it in other areas too. Look at the most successful athletes that visually practice a golf or bat swing, basketball shot, penalty kick save, or whatever. They have learned of the effectiveness of visualizing success before they take the field. And they usually encounter that success.

A question that is normally asked is...how long do I need to visualize? Just like affirmations, the more time you do it, the faster the results will take place. However, please don't think you need large amounts of time. Too many people are scared away from doing affirmations and visualization because they think they need to spend ungodly amounts of time that they don't have in doing it. One expert, Esther Hicks (one of the great queens of rapid manifestation), suggests that visualizing for as little as 68 seconds can begin moving you in the right direction of

successfully accomplishing your goals. Honestly, I don't know where she came up with 68 seconds. I will say that she is extremely successful, and has helped me and millions of others become successful. As a result, I will take her word for it. And, I have found that visualizing for even that short time frame is extremely effective.

Isn't that great news? You can begin changing your life now by visualizing your success for a minute plus at a time. You're telling me that you can't find a few minutes here and a few there to state positive words to yourself and imagine your greatness? If you feel like you don't have the time, you're not alone. For a long time that was my excuse too. However, I read a book that provided a whole list of times you can practice this. After all, what do you think about when you're stuck at a red light? Instead of thinking negatively about your delay, repeat a positive affirmation until the light changes. When you're stuck at the longest line at the grocery store (which always happens to me), visualize life as you want it to be. You can do the same if you're waiting in an office, during commercials on your favorite TV show, while mowing the lawn, taking a poop, or whenever you have any down time. This made me realize that I have much more down time than I thought, and I do my best to take advantage of each one.

One last thing I will mention about this third step is the power of [emotion](#). Just as the subconscious mind responds well to pictures, it also responds well to positive feelings and emotions. For example, when someone tells you that you look good over and over, you believe it. This is true not only because you keep hearing it, but also because you feel great when you receive these compliments. The same is true for your goals. When you constantly repeat your choice of success, experience it in your imagination, and feel great about it, it becomes more and more real until you are led to the actions that manifest it in reality. When these three elements are used simultaneously, it is only a matter of time before your dreams become reality. There's no other way, simply because it's how your mind and God together work. Knowing this, as much as you possibly can, use affirmations and visualization to create positive emotions whenever possible. Remember, even if it's a minute at a time, it's better than nothing, and still extremely powerful and effective.

Step Four – Grateful Surrender

At this point, you have completed most of the work you need to do. Let us review what's been covered so far. In order to begin rapidly manifesting your goals, you need to get yourself and keep yourself in a relaxed state. Then you need to realize your connection with the Almighty and make yourself aware of this constant, all-powerful presence that is in and around you. With this confidence you then affirm your specific goal, visualize yourself being and living it, and feel the corresponding emotions. Once again, I will say that you have completed **most** of the required work (if you can call it that) to manifest your desires.

There are still some steps to take to ensure that the goal is reached. Out of all of the five steps, this is the one I find most difficult, as do many others I talk to about this topic. It is the concept of [surrender](#). Once we have stated our goal, prayed for it, and visualized its successful completion, it is time to let it go. Yes, I told you it wasn't easy. However, for the most part (except for your part in step five), you've done almost all you can do. Now it's time to let go and let God. Let Him do His part in His power which is far greater than yours.

I now present one of the greatest ingredients to the rapid manifestation of your goals and desires. It's called...[faith](#). There are countless stories and verses in the Bible about the powerful effects of faith, especially in the New Testament. If you are familiar with these stories, you notice the same pattern. Someone needs a miracle, they ask for it, then get out of the way and let Jesus take over and do His thing. In every case, the miracle occurs. I don't know about you, but this makes me think. How many miracles have I missed simply because I wouldn't get out the way and let Jesus do His thing? If you feel the same, you can immediately allow more miracles in your life by following this same formula...determine what you want, pray for it/affirm it/visualize it, then step aside and let God do the rest in His unlimited power.

If you are seeking a more contemporary manner to understand letting go, I will share a helpful hint that Rhonda Byrne shared in her book, "The Secret". She says that when you order an item online or from a catalogue, what do you do? You simply place the order of what you want, then you leave it alone and let the shipping people do their part. I will ask you this...once you place the order, do you keep checking to see that the process was right? Do you have much if any doubt that your desired item will soon arrive? Sometimes it takes a short time, sometimes a little longer. However, you generally know and believe that it's only a matter of time before it arrives. You can increase your success by doing the same. Simply state your wish, "place the order", and avoid fretting about the results. Once again, let go and let God do His thing. Just like if you placed an online order, know that what's done is done, and your wish will arrive. Understand that sometimes it arrives right away, and sometimes there are delays which cause you to wait longer. The bottom line is that if you have the faith to know it will eventually arrive, then it's only a matter of time before it does.

There is some debate about the amount of prayer, affirmations, etc. we should do. Some say we should pray once and then let it go. After all, if you continue to pray, affirm, etc. you are not letting it go like was advised in the previous paragraph. There are others that say you need to keep praying persistently and say the affirmations as much as possible. Which is correct? Before

I share my belief, I will advise you to do whatever you are most comfortable with. If you would rather pray and state the goal once and give it up to God, go for it. If prayer keeps you closer to God and you feel best to pray constantly about the goal, then please do it. Personally, I follow scripture's advice. There are many Bible verses that focus on the power of prayer. I Thessalonians 5 says to "pray continually". Luke 18 shares the story about the persistent widow who is granted her wish simply because she would not stop petitioning. Honestly, I don't think you are wrong if you continue praying for your desire. This is true as long as you continue to have faith and firmly believe that your request is in God's hands, and that it's only a matter of time before you see it realized.

One other reason I recommend you continue to pray, affirm, and visualize even after you've surrendered your goal is something I learned from Dr. Robert Anthony in his book, "Beyond Positive Thinking". He recommends continuing the process because it keeps you focused on the end result. When you stay focused on the end result and successful completion of your goal, you take the necessary action (sneak peek to Step Five) and you avoid focusing on potential obstacles that pull you away from the success you seek.

Another very powerful "surrender" action you can take to rapidly manifest your goal is gratitude. It is unbelievable how having an attitude of gratitude can shower countless blessings into your life. It makes perfect sense. Think about the people that most appreciate what you do for them. Isn't it those individuals who you most want to please and do even more for them? I believe God acts the same towards us. The more we are thankful for the little things in life, the more He is likely to bless us with greater things. A great way to speed up the manifestation process is to thank God for your desired outcome before it even happens. This is a great and helpful example of surrender. When you sincerely thank God and demonstrate gratitude before you see evidence of your answered prayer, you are in essence demonstrating complete faith that God is at work, and it's only a matter of time before it become a reality. For me, it is this advanced gratitude that most enables me to surrender my goal into God's hands and maintain the faith that I will see it happen.

I will address one other drawback that makes surrender difficult..."what if I don't get what I want?" After all, there are stories about people that have prayed for years and still not received what they wanted. This is true, and I will answer the question in two ways. First of all, per singer Garth Brooks, "some of God's greatest gifts are unanswered prayers". In my life there are things I still thank God each day that he did not provide for me. I'm sure you can think of some too. Secondly, here's the worst possible thing that can happen if God doesn't give you what you want...**you receive something better!** That's right, I said the worst possible thing. I've seen too much evidence in my own life. You don't have to be disappointed if you don't receive what you want, because you will always receive something better.

Hopefully, through some of the questions, concerns, and helpful hints I have provided here, the difficulty in surrendering your wish to God will diminish or be completely eliminated. Once you've got this taken care of, there is one more step to go.

Step Five – Take Action

There is one final step in the rapid manifestation process. As is the case with step four, this may be a difficult one for some. This is usually because they don't know what steps to take, or because fear, doubt, or potential obstacles are holding them back. I know because I've been there plenty of times in the past.

If you often struggle in this area, I will share the good news with you. If you have completely followed the previous four steps in this process, this may turn out to be the easiest one of the five. There are several reasons for this which I will outline below...

Let's take each step of the process again: you regularly take time to stop and clear your mind to a relaxed state; you are well aware of the powerful presence of God within and all around you; you are using affirmations and visualization to convince your subconscious mind that you are fully capable of being and having what you desire; and you have surrendered your desire in complete faith and gratitude to God. At this point, it's nearly impossible to fail. If you have completed the previous four steps, taking action is not only easy, but it is virtually automatic. You will have already seen success in your mind on numerous occasions, so this should eliminate any fear and doubt. As long as you continue with the process, you will remain completely focused on the goal, which should prevent yourself from allowing potential obstacles (and they are unavoidable) to prevent you from accomplishing the goal.

You may be familiar with the popular Bible verse from James... "faith without works is dead". This verse always intimidated me. I felt like even if I had all the faith in the world, this often lazy and fearful person would fail to take action and receive nothing. I always wondered how to get around that negative cycle. That is until a few months ago where one of the pastors at my church clarified a hidden meaning of what the verse actually means. His simple message is this... if your faith is strong enough, the action (or your works) is automatic. I thought about this in my own life and realized how true it was. The reason I procrastinated and failed to act on some of my desires was simply because my faith was not strong enough. I thought about the opposite end of this too. I realized that the action I took for some of my greatest accomplishments was basically automatic. Why? Because no matter how difficult the task was, I had the faith that I would accomplish it. And I did. I will say this to you once again. **If your faith is strong enough, your actions will be automatic.**

You may have heard the term "inspired action". If you completely follow the previous four steps, your action will be inspired. You will accomplish more in less time. As you take these first simple steps, you will then move on to bigger and greater steps. You will accomplish more, your faith will grow, and you will quickly reach your goal.

Another question sometimes arises as well. You may think, "I've followed all the steps and do them regularly. I have the necessary faith, but I honestly don't know what steps to take or what to do next". If you're thinking this you are not alone. We've all been there. I have received several tips to get around that. First, remain focused on the end result. If you keep your mind focused on the successful completion of the goal, you will get there. You want to keep your mind

focused on this “what” instead of constantly wondering how you will get there. Second, ask yourself, or better yet pray to God, “What can I do right now to get myself closer to the end result”? When I ask this question, I get answers every time. The key is then taking that answer and acting on it. Finally, I will suggest that you don’t get caught up on how much you get done. A phrase that always sticks with me is from Erwin McManus in his book “Chasing Daylight”. His constant theme is “just do something”. I find it very encouraging. It doesn’t matter if it’s a lot or a little. Obviously, the more action you can take the better. However, even if I only get a little bit done, it’s more than nothing, and I am closer to the goal than I was before. As you continue to take small action, the tiny snowball grows until it becomes the giant ball of success.

The bottom line is that faith and action go hand in hand. As mentioned, when your faith is strong, the action happens automatically. However, it works the other way too. When you take necessary action, your faith and confidence grow accordingly. That’s how great things happen.

Putting It All Together

As I mentioned in the beginning of the book, I have read countless books about self-development, the Law of Attraction, the power of the mind, and manifesting your desires. Almost all of them in some way advise using this process that I have described in this book. To manifest your desires, you need to maintain a relaxed, positive state of mind, convince yourself that the success you crave is possible, and let God do His thing. Once you have these steps in place, it is easy for you to take your steps and play your part to make it happen, as you will do it joyfully and confidently, knowing that the manifestation of your desire is only a matter of time from arriving.

The even greater news is that these steps will not only help you reach or accomplish your goals, but it will enhance your life in many other ways. You will automatically experience higher energy and production, simply because you are living in a calmer, more relaxed state. These steps will bring more joy, peace, and empowerment to your life. This is due to a greater focus and presence of God in your life, and the positive words and pictures that are being fed to your mind.

I highly recommend you follow this process. It is easy to follow, and as I mentioned several times throughout the steps, you can implement them quickly and easily when you have a few moments of down time.

As I asked you in the introduction, I will ask you again. What do you want most in life? Whether it's more money, greater health, deeper relationships, more personal confidence and freedom, or a happier more fulfilling life, you can achieve it quickly by following the steps and process presented here. I wish I could take credit for developing this process, but I cannot. Instead, I have learned to follow it and I have experienced the power and joy of seeing many of my goals realized as a result.

I challenge you to use these steps and take your life to the next level. You can have whatever you desire, and you can have it sooner than later. It's simply a matter of training your mind to believe it, and taking the action steps to make it happen. So what are you waiting for? Go ahead and start making your dreams come true now. Enjoy the blessings :)

If you seek regular follow-up information to help you with this process, please visit my blog,

[Power of Pies](#)

Here you can find helpful bits of information regarding affirmations, visualization, prayer, Law of Attraction, time management, and more. Please feel free to comment and add your own thoughts any time.

Also, feel free to visit and like my Facebook page [Power of PIES](#)

Finally, if you enjoyed this book, check out my other, [30 Days to a More Powerful Life](#)